



## WELL-BEING SCAN (Take a Peek)

What's included.....

- 5 minute diagnostic obstetric ultrasound scan
- Health and well-being check of your baby
- Well-being Report
- Scan available from 16 weeks as gender identification is unreliable before this age

Please note the primary purpose of this scan is to check the health and well-being of your baby

A bit more information...

We start off in 2D mode just like a hospital scan as this is the most reliable way of checking the health and wellbeing of your baby.

- Our sonographer will carry out a well-being check before we do anything else. They will check the following:
  - They'll confirm whether you're having one baby or more than one.
  - They'll complete a number of scan processes in order to check for the presence of some abnormalities. Our Fetal Abnormality Policy details the checks that we will undertake and a copy of this is available should you wish to see it.
  - They'll let you hear and see your baby's heartbeat but please be aware that we follow national guidelines and don't spend a lot of time focussing on the developing heart.
  - They'll observe the amount of amniotic fluid.
  - They'll check your baby's body and limb movements.
  - They'll check the position of your baby and your placenta.
  - They'll give you a professional opinion of the gender of your baby after looking from 3 angles. We'll tell you if we are sure from the views that we are able to get.
- Your sonographer will openly discuss the findings of your scan with you and you will receive a Wellbeing Report which is your record of the scan.
- We will need mum and dad's first name and your due date