## WELLBEING AND 4D SCAN (VIB)

## What's included...

- 10 minute diagnostic obstetric ultrasound scan
- Health and wellbeing check of your baby
- Fetal Well-being Report of ultrasound findings
- Digital copy of all of your pictures
- Digital movie of your scan
- 6 × 6×4" 3D pictures
- 2 × 8×6" 3D pictures
- 2 Keyrings
- Free rescan guarantee
- See heartbeat, baby's presentation and placenta position

The primary aim of the scan is to utilise ultrasound technology to produce ultrasound findings for the purpose of diagnosis and prevention with regard to the well-being of mother and fetus (baby)

## A bit more information...

We start off in 2D mode just like a hospital scan as this is the most reliable way of checking the health and wellbeing of your baby.

- Our sonographer will carry out a well-being check before we do anything else. They will check the following:
  - They'll confirm whether you're having one baby or more than one.
  - They'll complete a number of scan processes in order to check for the presence of some abnormalities. Our Fetal Abnormality Policy details the checks that we will undertake and a copy of this is available should you wish to see it.
  - They'll let you hear and see your baby's heartbeat but please be aware that we follow national guidelines and don't spend a lot of time focussing on the developing heart.
  - They'll observe the amount of amniotic fluid.
  - They'll check your baby's body and limb movements.
  - They'll check the position of your baby and your placenta.
  - They'll give you a professional opinion of the gender of your baby after looking from 3 angles. We'll tell you if we are sure from the views that we are able to get.
- Your sonographer will openly discuss the findings of your scan with you and you will receive a Wellbeing Report which is your record of the scan.
- We now position baby for 4D scanning. 4D is dependent on the position of your baby and the amount of fluid that's in front of baby's face; the more fluid the better the images are likely to be
- PLEASE BE AWARE THAT WE CANNOT GUARANTEE FULL FACE SHOTS OF BABY. YOUR BABY IS IN CHARGE; WHATEVER BABY IS DOING, WE WILL RECORD.
- If baby is lying face down or is tucked behind your placenta it will be hard to get good images, if this is the case we will ask you to roll completely to the left or right or we will ask you to sit up and drink some cold water, to hopefully change baby's position.
- When your baby's position is good, a box will appear around your baby's face; this is your indication that we are going into 4D mode and it is very important that you stay as still as possible from this point on, so you do not alter babies position.

## A couple more things...

- Please ensure all children are seated during scan.
- We don't allow photography in scan room please; we're sure that you'll understand why!

